


The Shariah Centre
for Cultural Communication
مركز الشريعة
للإتصال الثقافي

UAE Heritage





Traditional dress

The Traditional dress is an icon of people's identity and determines their Nationalities, and as well as origins. The UAE's traditional dress features its modesty.



Men clothing

Head coverings

Gahfiah

Is a round white cap worn first on head.

Ghutra

Head scarf.

Egal

Is a black band placed on top of the Ghutra to hold it tight.

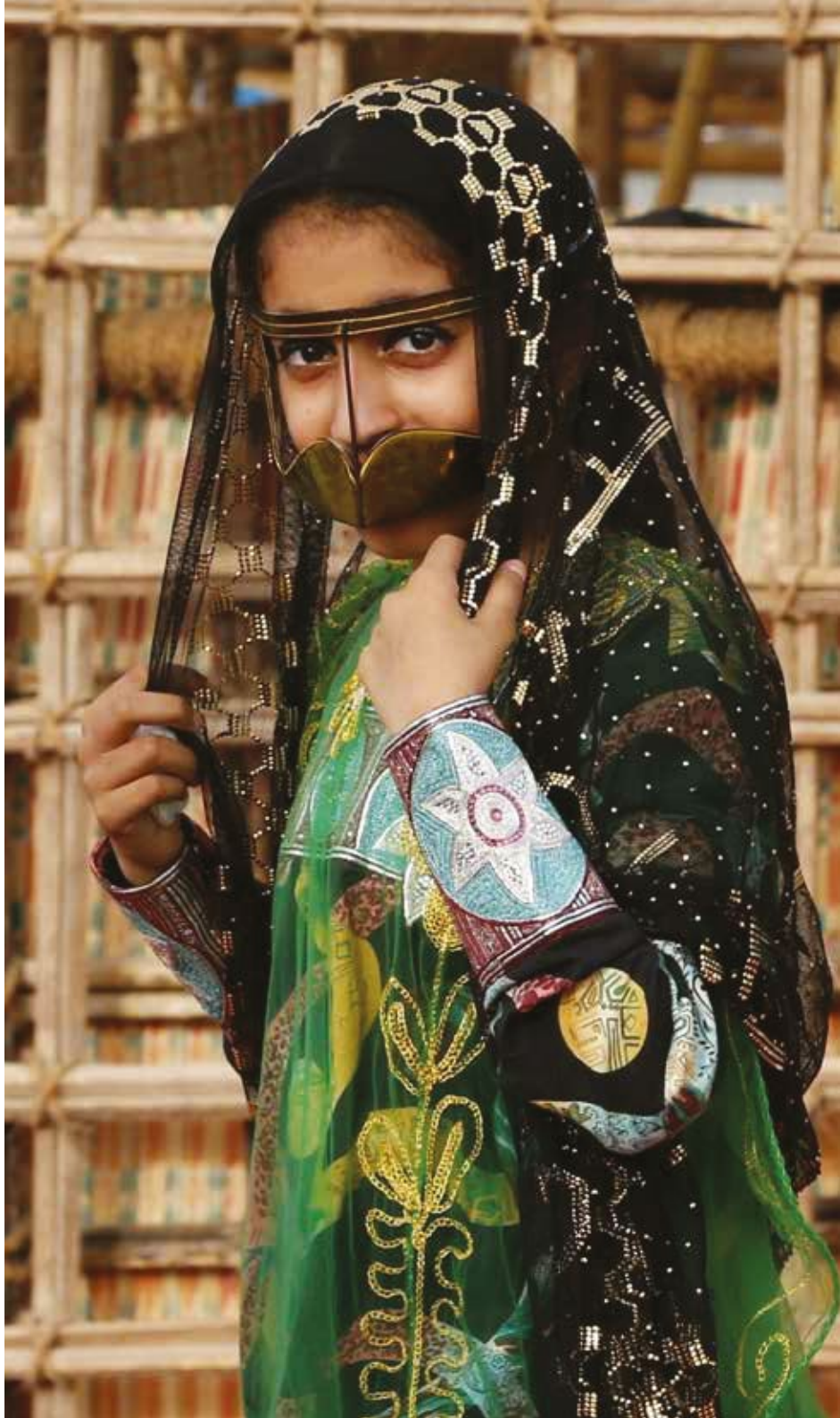
Body dress

Kandura

The male National dress which is long, loose fitting garment popularly known with its White color even though various dark colors may be worn especially in winter.

Bisht

Is an elegant cloak worn over the kandura by the young and old alike in official and local occasions.



Women clothing

It consists of three or more pieces for head, face, and body.

Wegayah

Is a head scarf made from light fabric to cover their hair.

Kandoura

Is a loose-fitting garment which is worn in summer in plain design or floral patterned wool dress in winter.

Abaya

Is a black cloak worn out side home. In the past it was called "AL Swaieyah" which is loose.

Burqa

Is a kind of traditional face covering worn by some of the old women's.

Gahwa (ARABIC COFFEE)

Gahwa has been a part of the UAE's hospitality, generosity and originality, passed down through generations. In 2015, the Unesco added majlis and gahwa to its list of Intangible Cultural History of Humanity.

Arabic coffee was made and kept in a coffee pot which is called "Dallah". In the past three types of dallah were used to prepare it.



The three Dallah (coffee pots) to make Arabic coffee:

Al Khamra

It is used for boiling water and made from yellow or red brass.

Al Mulaqammah

Roughly ground beans are poured in to Al mulaqammah, then boiling water is added and left to brew.

Al Mazallah

Is used for serving the coffee to the guests.



Perfume

Throughout history Arabs have used fragrance as a form of art, a symbol of reverence and a token of beauty.

Arabian perfumes have long been alluring the world with their distinct fragrances and are now synonymous with ancient heritage as well as fine luxury.



The Popular types of perfumes:

Oud

Oud is the dense, dark and fragrant substance that Agar tree produces to protect itself when infected by a type of fungus. it's used in incense for its distinctive fragrance and The aromatic qualities Agarwood is said to be the most expensive timber in the world, and is a precious raw ingredient.



Dehn Al 'Oud perfume (Oud oil)

Is an extracted fragrant oil derived from agarwood, and fetches high prices depending on the oil's purity.

Musk (Black Musk)

This aromatic compound is produced by a rare species of the male deer found in the Himalaya.

Mokhmarria

Is mixture of perfumes and mist but the main ingredient is Saffron.

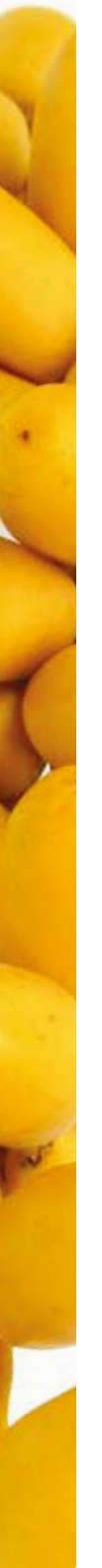
Dates

The date palm has been highly regarded by the people of the UAE. It has been an important source of survival in the past and continues to yield valuable resources in a variety of ways. For all the benefits it has provided to the people of the UAE, the date palm has been named “the Mother Tree”.



Types of Dates:

The UAE grows more than 120 varieties of dates and the most famous ones are Khalas, Khenazizi, Fard, Lulu and Barhi. All types of dates have slightly different nutritional properties and vary in size, colour, thickness, softness and sweetness.



Traditional Food

Emirati dishes have a unique taste and it is mainly one of the most prominent aspects of the UAE Heritage.



Luqemat

It is the most popular traditional Emirati dessert. It consists of small deep- fried dumplings, that are then soaked in sweet, sticky date syrup known as dibbs.

**Chebab**

A sweet flat bread with bubbly texture, it looks like pancakes with holes all over and is cooked with using cardamom and saffron. It is served with date syrup.



Harees

It is one of the most popular Emirati dishes and is frequently served at weddings and religious holidays. Its preparation involves cooking meat together with wheat in a pot until the meat melts into the wheat. The combination is thickened over coals.

**Balaleet**

It is prepared with vermicelli that are sweetened with cardamom, saffron, and rose water topped with a thin egg omelet.



Machboos

It is a rice dish made with meat, Chicken or fish. Different types of Spices are used in its preparation like Turmeric, Cumin, cardamom, saffron and dried lemon known as “loomy.





Cultural Museums in the UAE

Abu Dubai

Qasr Al Hosn
Heritage Village
Al Ain Palace Museum

Dubai

Dubai Museum
Saruq Al-Hadid Archaeology Museum
Etihad Museum
Dubai Coffee Museum
Camel Museum

Sharjah

Al Eslah School Museum
Al Hisn Fort Museum
Sharjah Heritage Museum
Bait Sheikh Saeed Bin Hamad Al Qasimi

Umm Al Quwain

Umm Al Quwain Fort

Rass AL Khaimah


National Museum of Ras Al Khaimah

Al Fujairah

Fujairah Museum

Ajman

Ajman Museum

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